

# ST. PAUL'S HOSPITAL HEART CENTRE CHEST PAIN CLINIC REFERRAL



Cardiology Referral

## St. Paul's Hospital Chest Pain Clinic

**Address:** Suite 200 – 1033 Davie Street, Vancouver, BC V6E 1M7

**Phone:** 604-296-0655

**Fax:** 604-689-4219

**Email:** [chestpainclinic@providencehealth.bc.ca](mailto:chestpainclinic@providencehealth.bc.ca)
**Date of Referral:** \_\_\_\_\_

**Referred for:** ☐ Cardiac testing and Cardiology consultation

☐ Cardiac testing and Cardiology consultation ONLY if test results abnormal

### PATIENT INFORMATION

Name: \_\_\_\_\_

Gender:

PHN: \_\_\_\_\_ DOB: (dd/mm/yyyy) \_\_\_\_\_

☐ Male ☐ Female

Telephone (Home): \_\_\_\_\_ (Cell): \_\_\_\_\_

☐ Other: \_\_\_\_\_

### KNOWN CAD:

☐ No ☐ Yes - Previous Revascularization

☐ PCI ☐ CABG

### TYPICAL PAIN

☐ Retrosternal chest discomfort

☐ Provoked by exertion/stress

☐ Relieved with rest/nitroglycerin

☐ Other: \_\_\_\_\_

### CARDIAC RISK FACTORS

☐ Hypertension

☐ Currently smokes

☐ Diabetes

☐ Family history of early atherosclerosis

☐ Dyslipidemia

☐ Other: \_\_\_\_\_

### SEVERITY OF SYMPTOMS

☐ Mild

☐ Moderate

☐ Severe

### OTHER KNOWN CARDIAC ISSUES:

### ADDITIONAL COMMENTS:

**VITAL SIGNS:** BP: \_\_\_\_\_ / \_\_\_\_\_ Heart Rate: \_\_\_\_\_ bpm (date of vitals: \_\_\_\_\_)

ECG: (describe or provide if available) (date of ECG: \_\_\_\_\_)

### REFERRING PHYSICIAN

Signature

Printed name

MSP #

## Fax or email this referral to the SPH Chest Pain Clinic

**Fax:** 604-689-4219

**Email:** [chestpainclinic@providencehealth.bc.ca](mailto:chestpainclinic@providencehealth.bc.ca)

Patients will be contacted directly by the clinic.

### Modality:

☐ ETT

☐ P-MIBI

☐ CCTA

☐ Stress Echo

☐ None

### For internal use only

### Urgency:

☐ within one week

☐ 1 to 3 weeks

☐ 4 to 6 weeks

# **Your doctor wants you to go to the St. Paul's Hospital Chest Pain Clinic**



**Referral**

## **Why do you have to go?**

A heart doctor (Cardiologist) at the Chest Pain Clinic will help you find the reason for your chest pain.



## **What do you need to bring?**

Please bring all your medications.

Please wear flat shoes and comfortable clothes.

## **What will happen at the clinic?**

You will do an exercise test, a CAT scan, or a nuclear test (MIBI) before the Clinic visit. At the Clinic, you will talk with a heart doctor. The heart doctor will listen to your heart and explain the problem or order more tests. Your family doctor will get information about your Clinic visit.



## **Who will call me to set it up?**

Someone from the Clinic will call you. If you do not get a call after 2 days, please call the Clinic at the phone number below.

If you do not feel well, please see your family doctor or go to the Emergency Room.



How you want to be treated.

---

**Your stress test, CAT, or MIBI will be at St. Paul's Hospital**

**Your Clinic visit will be at:**

**Providence Heart Davie Clinic**

200 – 1033 Davie Street

Vancouver, BC

**604-296-0655**

**[ChestPainClinic@providencehealth.bc.ca](mailto:ChestPainClinic@providencehealth.bc.ca)**

# STANDARD OUT-PATIENT LABORATORY REQUISITION

ORDERING PRACTITIONER: ADDRESS, PHONE, MSP PRACTITIONER NUMBER

**66259 Annie Chou**  
on behalf of Chest Pain Clinic  
200 - 1033 Davie Street  
Vancouver, BC  
V6E 1M7

**Yellow highlighted fields must be completed.**

For tests indicated with a blue tick box ☒, consult provincial guidelines and protocols ([www.BCGuidelines.ca](http://www.BCGuidelines.ca)) <https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/bc-guidelines>

Bill to → ☒ MSP ☐ ICBC ☐ WorkSafeBC ☐ PATIENT ☐ OTHER: \_\_\_\_\_

PERSONAL HEALTH NUMBER		ICBC/WorkSafeBC NUMBER		LOCUM FOR PRACTITIONER AND MSP PRACTITIONER NUMBER:	
LAST NAME OF PATIENT		FIRST NAME OF PATIENT		If this is a STAT order please provide contact telephone number:	
DOB: YYYY MM DD		SEX: <input type="checkbox"/> M <input type="checkbox"/> F		Pregnant? <input type="checkbox"/> YES <input type="checkbox"/> NO <input checked="" type="checkbox"/> Fasting? <u>8-10</u> h pc	
PRIMARY CONTACT NUMBER OF PATIENT <b>H</b>		SECONDARY CONTACT NUMBER OF PATIENT <b>W</b>		OTHER CONTACT NUMBER OF PATIENT	
ADDRESS OF PATIENT		CITY/TOWN		PROVINCE <b>BC</b>	POSTAL CODE
DIAGNOSIS		CURRENT MEDICATIONS/DATE AND TIME OF LAST DOSE			
		Copy to PRACTITIONER/MSP Practitioner Number: <b>Family Physician</b>			

<b>HEMATOLOGY</b>		<b>URINE TESTS</b>		<b>CHEMISTRY</b>	
<input checked="" type="checkbox"/> Hematology profile <input type="checkbox"/> INR <input type="checkbox"/> Ferritin (query iron deficiency) HFE - Hemochromatosis (check ONE box only) <input type="checkbox"/> Confirm diagnosis (ferritin first, ± TS, ± DNA testing) <input type="checkbox"/> Sibling/parent is C282Y/C282Y homozygote (DNA testing)		<input type="checkbox"/> On Anticoagulant? <input type="checkbox"/> Yes <input type="checkbox"/> No Specify: _____ <input type="checkbox"/> Macroscopic → microscopic if dipstick positive <input type="checkbox"/> Macroscopic → urine culture if pyuria or nitrite present <input type="checkbox"/> Macroscopic (dipstick) <input type="checkbox"/> Microscopic * * Clinical information for microscopic required: _____		<input checked="" type="checkbox"/> Glucose - fasting (see reverse for patient instructions) <input type="checkbox"/> Glucose - random <input type="checkbox"/> GTT - gestational diabetes screen (50 g load, 1 hour post-load) <input type="checkbox"/> GTT - gestational diabetes confirmation (75 g load, fasting, 1 hour & 2 hour test) <input type="checkbox"/> GTT - non-gestational diabetes <input checked="" type="checkbox"/> Hemoglobin A1c <input type="checkbox"/> Albumin/creatinine ratio (ACR) - Urine	

<b>MICROBIOLOGY - LABEL ALL SPECIMENS WITH PATIENT'S FIRST &amp; LAST NAME, DOB, PHN &amp; SITE</b>		<b>HEPATITIS SEROLOGY</b>		<b>LIPIDS</b>	
<b>ROUTINE CULTURE</b> On Antibiotics? <input type="checkbox"/> Yes <input type="checkbox"/> No Specify: _____ <input type="checkbox"/> Throat <input type="checkbox"/> Sputum <input type="checkbox"/> Blood <input type="checkbox"/> Urine <input type="checkbox"/> Superficial Wound, Site: _____ <input type="checkbox"/> Deep Wound, Site: _____ <input type="checkbox"/> Other: _____ <b>VAGINITIS</b> <input type="checkbox"/> Initial (smear for BV & yeast only) <input type="checkbox"/> Chronic/recurrent (smear, culture, trichomonas) <input type="checkbox"/> Trichomonas testing <b>GROUP B STREP SCREEN</b> (Pregnancy only) <input type="checkbox"/> Vagino-anorectal swab <input type="checkbox"/> Penicillin allergy <b>CHLAMYDIA (CT) &amp; GONORRHEA (GC) by NAAT</b> Source/site: <input type="checkbox"/> Urethra <input type="checkbox"/> Cervix <input type="checkbox"/> Urine <input type="checkbox"/> Vagina <input type="checkbox"/> Throat <input type="checkbox"/> Rectum Other: _____ <b>GONORRHEA (GC) CULTURE</b> Source/site: <input type="checkbox"/> Cervix <input type="checkbox"/> Urethra <input type="checkbox"/> Throat <input type="checkbox"/> Rectum Other: _____ <b>STOOL SPECIMENS</b> History of bloody stools? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> C.difficile testing <input type="checkbox"/> Stool culture <input type="checkbox"/> Stool ova & parasite exam <input type="checkbox"/> Stool ova & parasite (high risk, submit 2 samples) <b>DERMATOPHYTES</b> <input type="checkbox"/> Dermatophyte culture <input type="checkbox"/> KOH prep (direct exam) Specimen: <input type="checkbox"/> Skin <input type="checkbox"/> Nail <input type="checkbox"/> Hair Site: _____ <b>MYCOLOGY</b> <input type="checkbox"/> Yeast <input type="checkbox"/> Fungus Site: _____		<input type="checkbox"/> Acute viral hepatitis undefined etiology Hepatitis A (anti-HAV IgM) Hepatitis B (HBsAg ± anti-HBc) Hepatitis C (anti-HCV) <input type="checkbox"/> Chronic viral hepatitis undefined etiology Hepatitis B (HBsAg; anti-HBc; anti-HBs) Hepatitis C (anti-HCV) <b>Investigation of hepatitis immune status</b> <input type="checkbox"/> Hepatitis A (anti-HAV, total) <input type="checkbox"/> Hepatitis B (anti-HBs) <b>Hepatitis marker(s)</b> <input type="checkbox"/> HBsAg (For other hepatitis markers, please order specific test(s) below) <input type="checkbox"/> HIV Serology (patient has the legal right to choose not to have their name and address reported to public health = non-nominal reporting) <input type="checkbox"/> Non-nominal reporting		<input checked="" type="checkbox"/> one box only Note: Fasting is not required for any of the panels but clinician may specifically instruct patient to fast for 10 hours in select circumstances [e.g. history of triglycerides > 4.5 mmol/L], independent of laboratory requirements. <input checked="" type="checkbox"/> Full Lipid Profile - Total, HDL, non-HDL, LDL cholesterol, & triglycerides (Baseline or Follow-up of complex dyslipidemia) <input type="checkbox"/> Follow-up Lipid Profile - Total, HDL & non-HDL cholesterol only <input type="checkbox"/> Apo B (not available with lipid profiles unless diagnosis of complex dyslipidemia is indicated)	
		<b>OTHER TESTS - Standing Orders include expiry &amp; frequency</b>		<b>THYROID FUNCTION</b>	
		<input type="checkbox"/> ECG <input type="checkbox"/> FIT (Age 50-74 asymptomatic q2y) Copy to Colon Screening Program <input type="checkbox"/> FIT No copy to Colon Screening Program <b>Lp(a) - for risk stratification</b> <b>Fasting 8-10 hours</b> <b>For non-ER Chest Pain Clinic Referrals</b>		For other thyroid investigations, please order specific tests below and provide diagnosis. <input type="checkbox"/> Monitor thyroid replacement therapy (TSH Only) <input checked="" type="checkbox"/> Suspected Hypothyroidism (TSH first, fT4 if indicated) <input type="checkbox"/> Suspected Hyperthyroidism (TSH first, fT4 & fT3 if indicated)	
		<b>SIGNATURE OF PRACTITIONER</b>		<b>DATE SIGNED</b>	
DATE OF COLLECTION		TIME OF COLLECTION		TELEPHONE REQUISITION RECEIVED BY: (employee/date/time)	

**INSTRUCTIONS TO PATIENTS (See reverse)**  
Other Instructions:



## SPH CHEST PAIN CLINIC QUESTIONNAIRE



Medical Questionnaire

**St. Paul's Hospital Chest Pain Clinic**

200 - 1033 Davie Street, Vancouver, BC, V5E 1M7

**Phone: 604-296-0655 FAX: 604-689-4219**

Email: ChestPainClinic@providencehealth.bc.ca

Please complete this questionnaire as best as you can before your visit. Your answers will help us better treat you.

Date: \_\_\_\_\_

Full Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Referring Dr. \_\_\_\_\_ Family Dr. \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Email: \_\_\_\_\_

### MEDICAL HISTORY

Please tell us about any previous **heart problems or procedures**, including heart attacks, hospital stays for heart issues, heart surgery, or angioplasty (stents). Include the date and the name of specialists:

Year	Heart Problem or Procedure	Doctor (Specialist)

Please tell us about any **heart tests** you have had in the past, including exercise (treadmill) stress tests, nuclear tests (MIBI), echocardiogram (ultrasound), heart CT (CAT scan) or catheterization (coronary angiogram):

Year	Heart Test	Doctor (Specialist)

Do you have any history of asthma (or ever needed to use an inhaler)? ☐ NO ☐ YES

Do you have any history of kidney problems? ☐ NO ☐ YES

Do you have any history of bleeding or stomach ulcers? ☐ NO ☐ YES

Do you have any **other medical conditions** or have you had any **other procedures** that are not mentioned above, including hospitalizations, complications of pregnancy, or surgeries? Include the year and name of specialist(s):

Year	Diagnosis	Doctor (Specialist)

# SPH CHEST PAIN CLINIC QUESTIONNAIRE



Medical Questionnaire

## MEDICATIONS:

Please list all medications you are currently taking or attach a list. Include over the counter medications (e.g. ASPIRIN, TYLENOL), vitamins, and herbal remedies. Include the dose and how often you take it.  
*Please use the last page if you need more space.*


## ALLERGIES:

Are you allergic to any medications? ☐ NO ☐ YES - please list the medication(s) and your reaction below.


## RISK FACTORS FOR HEART DISEASE:

Have you ever smoked regularly? ☐ NO ☐ YES - If yes, do you currently smoke? ☐ NO ☐ YES

What was the most number of cigarettes you smoked per day? \_\_\_\_\_

When did you quit? (date) \_\_\_\_\_

Do you drink alcohol? ☐ NO ☐ YES

If yes, how many drinks on average **per day**? \_\_\_\_\_ OR **per week**? \_\_\_\_\_

Have you ever been a heavy drinker? ☐ NO ☐ YES - If yes, what was the most per week? \_\_\_\_\_

Do you use recreational drugs? ☐ NO ☐ YES

If yes, please list what you currently use / have used: \_\_\_\_\_

When was your last use? (date) \_\_\_\_\_

How many caffeinated drinks (coffee, tea, cola) do you drink **per day**? \_\_\_\_\_ OR **per week**? \_\_\_\_\_

Have you ever been diagnosed with diabetes? ☐ NO ☐ YES - What year? \_\_\_\_\_

Do you have any complications from diabetes? ☐ NO ☐ YES

If yes, are the complications with: ☐ Kidneys ☐ Eyes ☐ Numbness of hands / feet

☐ Other: \_\_\_\_\_

Have you ever been diagnosed with high blood pressure? ☐ NO ☐ YES - What year? \_\_\_\_\_

What has your BP averaged lately? \_\_\_\_\_

Have you ever been diagnosed with high cholesterol? ☐ NO ☐ YES - What year? \_\_\_\_\_

Do you exercise regularly for a minimum of 20 minutes 3 times a week? ☐ NO ☐ YES

How would you describe your level of stress? ☐ Low stress ☐ Medium stress ☐ High stress

Do you follow a particular diet? ☐ NO ☐ YES - Please describe: \_\_\_\_\_

Have any immediate family members had heart issues before age 60? (hardened arteries, rhythm issues, unexpected death) ☐ NO ☐ YES – Provide diagnosis, age of onset, age at death (if relevant)

Father:	Brother(s):	Son(s):
Mother:	Sister(s):	Daughter(s):

## SPH CHEST PAIN CLINIC QUESTIONNAIRE



\* 1 0 3 1 9 \*

Medical Questionnaire

### WHAT IS THE MAIN REASON THAT YOU HAVE BEEN REFERRED TO THE CHEST PAIN CLINIC?

### CURRENT SYMPTOMS:

#### Chest pain

Do you have chest pain? ☐ NO ☐ YES - Since when? \_\_\_\_\_

Describe the chest pain: ☐ Sharp ☐ Heavy ☐ Pressure ☐ Burning  
☐ Dull ache ☐ Tight ☐ Other: (describe) \_\_\_\_\_

Where is the pain? ☐ Left chest ☐ Right chest ☐ Middle of chest ☐ Back

Does it travel to other areas? ☐ NO ☐ YES ☐ To jaw / neck ☐ Down arm (L or R)  
☐ To back ☐ Other (describe): \_\_\_\_\_

What brings on the pain? (e.g. exercise, stress) \_\_\_\_\_

How long does the pain last each time? \_\_\_\_\_ minutes OR \_\_\_\_\_ hours

What relieves the pain? (e.g. rest, nitroglycerin) \_\_\_\_\_

How often does the pain occur? \_\_\_\_\_ x per day OR \_\_\_\_\_ x per week OR \_\_\_\_\_ x per month

#### Shortness of breath

How long can you walk on a flat surface or flight of stairs without stopping?  
 \_\_\_\_\_ blocks OR \_\_\_\_\_ minutes OR \_\_\_\_\_ flights of stairs

What makes you stop? ☐ Fatigue ☐ Shortness of breath ☐ Chest pain  
☐ Leg/back pain ☐ Other (describe): \_\_\_\_\_

Do you have shortness of breath? ☐ NO ☐ YES

When is it present? ☐ Most of the time ☐ Just with exertion ☐ When I lie down

How many pillows do you sleep with under your head? ☐ 0-1 ☐ 2-3 ☐ 4 or more

Do you wake up at night short of breath? ☐ NO ☐ YES- How many times a week on average? \_\_\_\_\_

Do you have swelling of the ankles? ☐ NO ☐ YES - Since when? \_\_\_\_\_

#### Claudication (leg pain)

Do you have pain / aching in your leg muscles when you walk? ☐ NO ☐ YES - Since when? \_\_\_\_\_

If yes, where do you feel it? ☐ Left leg ☐ Right leg ☐ Calf ☐ Thigh ☐ Buttock

Does it go away when you rest? ☐ NO ☐ YES

#### Palpitations (noticeable rapid, strong or irregular heartbeat)

Do you ever feel palpitations? ☐ NO ☐ YES - please describe: \_\_\_\_\_

(e.g. how long they last, fast or slow, regular or irregular)

#### Other

Do you ever pass out? ☐ NO ☐ YES - When was the last time? \_\_\_\_\_

Do you ever feel lightheaded? ☐ NO ☐ YES - describe \_\_\_\_\_  
 (e.g. spinning, feeling faint, imbalance, on standing, after moving head fast)

Do you have any other current symptoms you have not yet described: \_\_\_\_\_

# SPH CHEST PAIN CLINIC QUESTIONNAIRE



Medical Questionnaire

## SOCIAL HISTORY:

This information helps us understand your home and personal background, and any possible effect on your health or medical conditions.

Where were you born? \_\_\_\_\_

If other than BC, when did you move to BC? (date) \_\_\_\_\_

Current marital status: ☐ Single ☐ Married ☐ Common-law  
☐ Divorced ☐ Separated ☐ Widowed ☐ Other: \_\_\_\_\_

Sexual Orientation: ☐ Heterosexual ☐ Same-sex ☐ Bisexual  
☐ Other: \_\_\_\_\_ ☐ Prefer not to answer

How many biological children do you have? \_\_\_\_\_

Employment status: ☐ Currently employed ☐ Retired ☐ Semi-retired  
☐ Looking for work ☐ On disability since: \_\_\_\_\_

Current or previous occupation: \_\_\_\_\_

## Do you have any questions you would like to ask us?

---

---

---

---

---

---

Thank you for taking the time to complete this questionnaire. It provides us with helpful information and allows us to spend more time discussing relevant matters with you.

## ADDITIONAL NOTES

---

---

---

---

---

---

---

---

---

---