

## **VGH Cardiodiagnostic Centre**

Gordon and Leslie Diamond Health Care Centre (VGH site) Ground Floor, 2775 Laurel St., Vancouver

## **Request for Cardiac Tests**

To <u>schedule</u> an appointment <u>call</u> (604) 875-4800
 Then fax form to (604) 875-5827

Ph: ()	M Fax: ()_ Fax: (		_ D	OB://_ h.()	PHN Alt Ph. (_	)		
REASONS / INDICATIONS: Please check relevant and add any additional information below.								
•	<ul><li>□ Cardiomyopathy</li><li>□ LV Funct<sup>n</sup></li></ul>			•		71	tension	
□ 12-Lead ECG (no appointment) □ Treadmill Stress Test			Addit	ional info:			APPT Date / Time	
Ambulatory Monitoring  Holter  24-hr Blood Pressure [\$50 fee]  Event [Pre-req: Recent Holter / Waitlist]							APPT Date / Time	

## **Patient Instructions**

Please arrive 15 minutes prior to the appointment for registration Wear loose fitting shirt or blouse (front opening)

<b>ECG:</b> (~15 mins)	<b>Blood Pressure Monitoring:</b> (~30 mins)
No preparation or appointment is required	Please pay first - at Pt. Accounts CP 1 <sup>st</sup> floor (map)
Available Mon – Fri 8:30am to 4:30pm	No bath or shower during the 24-hr test
Stress ECG (exercise): (~30 mins)	Monitor must be returned the next day
Exercise footwear	<b>Event Monitoring:</b> (~30 mins)
Avoid heavy meal 2 hours prior to test	No preparation is required
Holter Monitoring: (~30 mins)	There is a one month wait for this test
No bath or shower during the 24-hr test	<b>Routine Echocardiogram:</b> (~60 mins)
Monitor must be returned the next day	No preparation is required